1. From New England: Take the New England Thruway (I-95) or Merritt/Hutchinson River Parkway south to the Cross Westchester Expressway (I-287) west. Continue west on I-287 (toward the Tappan Zee Bridge) to Exit 3-the Sprain Brook Parkway north. Continue north (straight, left lane) on the Sprain Brook Parkway to Rt. 100/ Westchester Medical Center (second exit). Turn left at the end of the exit ramp onto Hospital Rd. Continue straight onto Peripheral Rd. At the end of Peripheral Rd. turn right The Administration Bldg. is the first building on your left.

2. From East Side of New York City and Long Island: Take the Major Deegan Expressway (I-87) which becomes the New York Thruway north to the Cross Westchester Expressway (I-287). Continue east on I-287 to Exit 4. Turn left at the end of the exit ramp and cross over I-287. Take an immediate left back onto I-287 west while bearing right for Exit 3—the Sprain Brook Parkway north. Continue as in number 1 above.

3. From New York City, Long Island via Bronx River Parkway: Take the Bronx River Parkway north to the Sprain Brook Parkway north to Rt. 100/Hawthorne exit. Turn left at end of exit ramp onto Hospital Road. Continue straight onto Peripheral Rd. At the end of Peripheral Rd. turn right The Administration Bldg. is the first building on your left.

4. From West Side of New York City: Take the Henry Hudson Parkway (9A) north to the Saw Mill River Parkway. Take Eastview exit 23. At the exit light, make a right (follow hospital signs). Continue until road splits and bear left. Cross over and make a left onto Old Saw Mill Road. Make a right at the first light on to Dana Road. At stop sign, make a left onto Hammond House Road which becomes Sunshine Cottage Road. Pass the Alumni Building and continue on until you see the Administration Building/Sunshine Cottage on right.

5. From Upstate New York via the New York State Thruway south and Northern New Jersey: Cross the Tappan Zee Bridge to Exit 8, the Cross Westchester Expressway (I-287). Continue east to Exit 4. Continue as in number 2 above.

6. From Northern Westchester and Upstate New York via the Taconic Parkway or the Saw Mill River Parkway: Take the Taconic Parkway or Saw Mill River Parkway south to the Sprain Brook Parkway. Take the first exit (Rt. 100/Westchester Medical Center) off the Sprain Brook Parkway and turn right at the end of the ramp onto Rt. 100. Proceed approximately 1/4 mile to College entrance on the right (Hospital Rd.). Continue straight onto Peripheral Rd. At the end of Peripheral Rd. turn right The Administration Bldg. is the first building on your left.

7. From Upstate New York via I-684: Take I-684 south to the Saw Mill River Parkway and continue as in number 6 above or take I-684 south to the Cross Westchester Expressway (I-287) west to Exit 3, the Sprain Brook Parkway. Continue as in number 1 above.

8. From Southern Westchester via the Bronx River Parkway: Take the Bronx River Parkway north to Virginia Rd. exit (the fourth traffic light after County Center in White Plains). Turn left onto Virginia Rd. to the fork at Rt. 100. Turn right onto Rt. 100 and continue past Westchester Community College to the intersection of Rt. 100 and Bradhurst Rd. Turn right onto Bradhurst Rd. and proceed 1.4 miles to College entrance on left (Hospital Rd.). Continue straight onto Peripheral Rd. At the end of Peripheral Rd. turn right The Administration Bldg. is the first building on your left.
1. Administration Building - (Sunshine Cottage) - New York Medical College
2. Basic Sciences Building - New York Medical College
3. Medical Education Center
4. Alumni Center - New York Medical College
5. Student Housing - New York Medical College
6. Munger Pavilion - New York Medical College
7. Vosburgh Pavilion - New York Medical College
8. School of Public Health Building (formerly the Learning Center) - New York Medical College
9. University Hospital at Westchester
10. Macy Pavilion - Westchester Medical Center
11. Children’s Hospital (under construction)
12. Westchester Institute for Human Development - (Cedarwood Hall)
13. Taylor Care Center at Westchester
14. Behavioral Health Center at Westchester
15. Pinewood Hall
16. Maplewood Hall
17. Beechwood Hall
18. Elmwood Hall
19. 19 Bradhurst Bldg.
20. Visitor Parking Garage
21. Institute for Cancer Prevention
22. Department of Laboratories and Research
23. Woodfield Cottage
Westchester County Map
(Showing the location of NYMC - MapPoint)